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You Can Count On Us

As a rural nonprofit organization, it is all-important to be engaged and, more importantly, to be RELEVANT in the communities we serve. People want to support, financially and through volunteerism, an organization that visibly impacts the community. There is no doubt that Lamar Area Hospice has benefitted greatly from generous donations and successful fundraisers. However, there is a reason Lamar Area Hospice, so often, is the charity of choice and we remind ourselves every day why that is: YOU CAN COUNT ON US. We may not know it all or have every answer but we will certainly HELP you figure it out. Many of the additional services we now provide came about because there was a need in the community and the answer was not hospice.

Our **Helping Hands Program** is a perfect example of that. It was developed in 2006 because there were numerous seniors in our community that needed just a little help to stay safely at home, others needed some assistance going home after a hospital stay and, in many cases, there was a need for reprieve for caregivers of the disabled or chronically ill. The Helping Hands Program has been a lifesaver in the community ever since, averaging forty plus clients on service **at all times** AND there is no fee for services provided.

Lamar Area Hospice has an almost constant stream of people coming into our building needing **medical equipment.** This past year we loaned 223 items – shower benches, wheelchairs, walkers, risers, etc. – to very grateful members in our community AND at no charge for as long as they're needed. This is significant in our communities where resources are sometimes limited.

Lamar Area Hospice provides *grief support* to the community at large through resources and support

groups. In addition, our *Hospice Chaplain* meets with small groups and individuals on an on-going basis as does our *Social Worker*.

In 2016 Lamar Area Hospice hired a **Child Life Specialist** and started the **Children's Good Grief Program.** Since then it has expanded to include **Children's Diabetes support, Empty Arms program** for parents who have lost babies, **Foster Care support, Children with Chronic Illness support, Divorce Care** and many one-on-one meetings, AND there is never a charge.

All these services are in addition to our *exceptional hospice services*, over and beyond what is required. Our average daily census is between fifteen to thirty hospice patients receiving 24/7 support 365 days a year. Our staff consists of 17 full-time employees, 15 Helping Hands caregivers, 12 patient volunteers, in addition to 42 volunteers who serve on the Board of Directors, fundraising committee, Prayer Shawl Ministry, Food to Families ministry and office support. Without exception, they are a very compassionate and caring group of people working collectively to ensure that Lamar Area Hospice is worthy of the phenomenal support we receive from the communities we serve. Our mission statement is: "A community where every day of life matters". We will **NEVER** lose sight of that and the undeniable fact that it would be impossible if not for you! Thank you individually, repeatedly and sincerely, for the belief and commitment that you have shown to Lamar Area Hospice.

What makes these decisions "hard choices" has little to do with the medical, legal, ethical, or moral aspects of the decision process. The real struggles are emotional and spiritual. These are decisions of the heart, not just the head.

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Once we come to terms with the end of life, we can learn to live more fully and freely.

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Hospice Care Sometimes Misunderstood

"Hospice is a last resort."

"Hospice is giving up."

"I'm not ready for Hospice. Isn't it for people who have just a few days left?"

"Morphine speeds up death."

Maybe you have heard these statements about hospice care. Maybe you have said them yourself. Unfortunately, there are many misconceptions about hospice care.

The first thing you need to know is this; millions of Americans have experienced hospice care firsthand, according to the National Hospice Organization, 1.7 million in 2014. A recent study demonstrated that family members are more satisfied with loved one's end of life care IF they receive hospice services, with 80% of families surveyed saying their loved one's end of life wishes were realized. In addition to keeping the patient as comfortable as possible at end of life, we are as committed to keeping the patient at home providing significant help to the family in doing so. It's not about giving up; it's about taking back. Hospice gives control back to the patient and family with individualized care plans that centers around the wants and needs of the patient, as well as their family members.

If you have a life limiting illness, the best time to have a conversation about hospice is before you are in a healthcare crisis. The sooner, the better. The only complaint we get is, "I wish we would have called you sooner." Anyone, including a family member, a caregiver, or the patient themselves, can make a referral to hospice care.

The important thing is to ask. Reliable information is so important. Contrary to popular belief, MORPHINE DOES NOT KILL YOU. There is no evidence that opioids such as morphine hasten the dying process when a person receives the right dose to control the symptoms he or she is experiencing. In fact, research suggests that using morphine to treat pain or shortness of breath near the end of life may help a person live a bit longer.

And last but certainly not least, hospice DOES NOT HASTEN THE DEATH. In fact, those who employ hospice care early live longer than those who choose not to use hospice services. There is no denying that sadness and hospice co-exist, however, hospice is so much more than just that. Its 24/7 support and encouragement, joy and fulfillment, laughter and tears. Its caring and compassion when it is needed most.

Your gifts make a real difference in the kind of experience — physical, emotional and spiritual — that our patients and families have. And long after you've forgotten your own generosity, they will remember. Thank you!

Donations and memorials received from June 2017 to September 13, 2018

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In Memory Of Ruben & Doris Wollert Wollert, Kelley & Sheila

In Memory Of Greg Young Laubach, Clinton

This year's BBQ Boogie fundraiser at the Eagles was complete with live music, BBQ dinner by Bill and Greg Emick and Robbie Sue's Catering and phenomenal auction items! Many thanks to the amazing Lamar Area Hospice Fundraising Committee and the following Corporate Sponsors:

Silver Sponsors

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Customer Experience Award

Lamar Area Hospice, a Colorado independent, non-profit hospice organization, serving all of Prowers County and portions of Bent and Kiowa Counties, has been notified that they are the recipient of the Pinnacle Quality Insight's 2018 Customer Experience Award. Qualifying for the award in the category of hospice/ healthcare services, Lamar Area Hospice displays a continued dedication to providing Best in Class services. Deb Pelley, Executive Director, describes receiving the award as an honor, stating, "We would have been disappointed with anything less than a good report. We are very committed to providing the very best care possible to our patients and their families."

Throughout its 35-year history of serving the Lamar area, Lamar Area Hospice has placed a strong emphasis on ensuring that the individual needs of every patient and their families are met. Over the course of 2017, families of Lamar Area Hospice patients have participated in monthly telephone interviews that include open-ended questions, as well as the opportunity to rate Lamar Area Hospice in specific categories.

Every month, Pinnacle conducted surveys (a Medicare requirement) and presented Lamar Area Hospice with the results in order for it to gain a better understanding of the patients and their families' needs and make improvements when necessary.

By qualifying for the Pinnacle Customer Experience Award, Lamar Area Hospice has satisfied the rigorous demand of scoring in the top 15% of the nation across a 12-month average. This organization had the opportunity to achieve this Best in Class distinction on a monthly basis in many categories designed to accurately reflect each patient/family's experience.

Pinnacle Quality Insight is a customer satisfaction measurement firm with 22 years of experience in post-healthcare. Pinnacle conducts over 150,000 surveys each year and works with more than 2,500 care providers in all 50 US states, Canada and Puerto Rico. **We Honor Veterans"** is a national program to honor those nearing the end of life who served in the United States Armed Forces. It was founded by the Veteran's Administration in conjunction with the National Hospice and Palliative Care Organization. The program is now incorporated by many healthcare organizations across the country as another valuable service to their patients.

Lamar Area Hospice honored **Sgt. Carl Hefner Sr.** who served in the US Army from 1947-1950 and in the USAF from 1951-1958, as our guest in the 9-11 Parade on Saturday, September 8. Our veterans have done everything asked of them in their mission to serve our country and we believe it's never too late to recognize and thank them for their service. It's an honor to serve these men and women with the dignity they deserve; it's our way of saying thank you for the sacrifices they have made in serving us.



Grief and pain are the price we humans have to pay for the love and total commitment we have for another person. The more we love, the more we are hurt when we lose the object of our love. But if we are honest with ourselves, would we have it any other way? – C.S. Lewis

Lamar Area Hospice offers resources and support for the grieving. If you are interested in attending the next grief support group "Understanding your Grief" by Alan Wolfelt, please call Christa Melgosa, Bereavement Coordinator, 336-2100.

lamar area

Lamar Area Hospice Association P.O. Box 843 Lamar CO 81052

RETURN SERVICE REQUESTED

Our Vision

A community where every day of life matters.

Our Mission

To provide physical, emotional and spiritual care in the final phases of life, comfort the grieving, and educate the community about end-of-life care.

LAMAR AREA HOSPICE EVENTS

JANUARY

Father Daughter Dance supporting the Children's Good Grief Program

FEBRUARY

Pirates Party hosted by the Buzzard's Roost

JUNE

Annual Dinner/Dance and Auction

AUGUST

Angel Open Golf Tournament

SEPTEMBER

Jillian Sweet Tinnes Memorial BBB 5K benefits the Good Grief Program and the Palliative Program

SEPTEMBER

The Robert "Spanky" Yates Memorial Shoot

OCTOBER

Unveiling of the memory tiles in the Weltha Plummer Patio Garden

DECEMBER

Windmill of Lights and Memories Memorial Service



